



Heart Health Screening and Education Event

Join us for a free screening and education.

February is Heart Health Awareness Month and University Hospitals Portage Medical Center is hosting a free Heart Health Screening event. Come and learn from the experts at UH Harrington Heart & Vascular Institute and receive free health screenings. Activities and screenings include:

- Total Cholesterol
- Blood Pressure
- Body Mass Index
- Nutrition Education
- Pre-diabetes
- Stroke Risk Assessment
- Heart Health Education Table

Tuesday, February 14 | 8 a.m. – 12 p.m.

UH Portage Medical Arts Building, Room 150
6847 North Chestnut Street, Ravenna, Ohio 44266



This event is FREE, but space is limited.
To register, call **330-297-2576** by Friday,
February 10.